



Yellow Gum

PSYCHOLOGY

Suggested Resources: Supporting Children After Disasters

Resources for professionals

Supporting infants and children in disasters: A practice guide (Emerging Minds Australia):

<https://emergingminds.com.au/practitioners/supporting-infants-and-children-in-disasters-a-practice-guide/>

Phoenix Australia's Disaster Mental Health Hub:

<https://www.phoenixaustralia.org/disaster-hub/>

Short course (1 hour): Supporting children and families in general practice after a natural disaster or community trauma (Emerging Minds Australia):

<https://learning.emergingminds.com.au/course/supporting-children-and-families-in-general-practice-after-a-natural-disaster-or-community-trauma>

Resources for clients / patients

Play School's 'Everyday Helpers' Series:

- Video clips from the series (for kids):

<https://www.abc.net.au/abckids/early-education/family-community-and-culture/everyday-helpers-video-clips/13253900>

- How To Talk To Kids About Emergencies:

<https://www.abc.net.au/abckids/early-education/health-and-wellbeing/how-to-talk-to-kids-about-emergencies/12112578>

Red Cross Booklets:

- Helping children and young people cope with crisis:

<https://www.redcross.org.au/globalassets/cms/downloads/pdfs/shella/19060-red-crisis-children-booklet-d11-176x250-web.pdf>

- Parenting: coping with crisis:

<https://www.redcross.org.au/globalassets/cms/downloads/pdfs/shella/19060-red-crisis-parents-booklet-d10-web.pdf>

Australian Psychological Society information sheets:

- Helping children who have been affected by bushfires:

<https://psychology.org.au/for-the-public/psychology-topics/disasters/bushfires/recovering-from-bushfires/guidelines-children-after-bushfires>

- Preparing children for bushfires:

<https://psychology.org.au/for-the-public/psychology-topics/disasters/bushfires/preparing-for-bushfires/preparing-children-for-the-threat-of-bushfires>

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